

Lavender Country Kitchen Hot School Lunches 26-27

Week 1 Monday	
Wholegrain Pasta Bolognese and Carrots	
Mediterranean Vegetable Gnocchi Bake	
Melon Wedges	
Fruit Yogurt	

Week 2 Monday	
Butchers Beef Burger in a Bun with Carrot Sticks	
Bean Burger in a Bun with Carrot Sticks	
Strawberry Iced Smoothie	
Fresh Fruit	
Fruit Yogurt	

Week 1 Tuesday	
Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables & Gravy	
Mango & Orange Iced Smoothie	
Fresh Fruit	
Fruit Yogurt	

Week 2 Tuesday	
Roast Sausage, Roast Potatoes, Seasonal Vegetables & Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables and Gravy	
Melon Wedges	
Fruit Yogurt	

Week 1 Wednesday	
Wholegrain Pasta with Tomato Pasta Sauce and Green Beans	
Wholegrain Pasta with Tomato Pasta Sauce and Green Beans	
Chocolate Marble Cake	
Fresh Fruit	
Fruit Yogurt	

Week 2 Wednesday	
Cheese & Tomato Wholegrain Pizza and Carrot Sticks	
Cheese & Tomato Wholegrain Pizza and Carrot Sticks	
Chocolate Muffin	
Fresh Fruit	
Fruit Yogurt	

Week 1 Thursday	
Sausage Roll, Potato Wedges and Baked Beans	
Cheese Puff Roll, Wedges and Baked Beans	
Fruit Jelly & Ice Cream	
Fresh Fruit	
Fruit Yogurt	

Week 2 Thursday	
Chicken Breast Nuggets, Wedges and Sweetcorn	
3 Bean Jacket Potato with Sweetcorn	
Vanilla Ice Cream & Mango Coulis	
Fresh Fruit	
Fruit Yogurt	

Week 1 Friday	
Fishcake, Hash Brown and Baked Beans	
Fishless Fingers, Hashbrown and Baked Beans	
Blueberry Muffin	
Fresh Fruit	
Fruit Yogurt	

Week 2 Friday	
Battered Fish, Hashbrown and Peas	
Tomato Soup and Focaccia	
Victoria Sponge	
Fresh Fruit	
Fruit Yogurt	

Fishcakes contain Salmon. 50/50 Bread Offered. Vegetarian Roast, Sausage and Meatballs Don't contain Milk

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Week 3 Monday	
Jacket Potato with Chicken and Bacon Mayo and Carrot Batons	
Jacket Potato with Cheese/Beans and Carrot Batons	
Neapolitan Loaf Cake	
Fresh Fruit	
Fruit Yogurt	

Week 4 Monday	
Butchers Sausage in a Bun with Cucumber Sticks	
Vegetarian Sausage in a Bun with Cucumber Sticks	
Rocky Road	
Fresh Fruit	
Fruit Yogurt	

Week 3 Tuesday	
Roast Sausage, Roast Potatoes, Seasonal Vegetables, Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables and Gravy	
Melon Wedges	
Fruit Yogurt	

Week 4 Tuesday	
Roast Chicken, Roast Potatoes, Seasonal Vegetables and Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables and Gravy	
Apple Shortbread	
Fresh Fruit	
Fruit Yogurt	

Week 3 Wednesday	
Garden Veg Burger, New Potatoes and Salad	
Garden Veg Burger, New Potatoes and Salad	
Peaches and Ice Cream	
Fresh Fruit	
Fruit Yogurt	

Week 4 Wednesday	
Cheese & Tomato Wholegrain Pizza and Carrot Sticks	
Cheese & Tomato Wholegrain Pizza and Carrot Sticks	
Melon Wedges	
Fruit Yogurt	

Week 3 Thursday	
Meatballs in Tomato Sauce, Wholegrain Pasta and Sweetcorn	
Vegetarian Meatballs in Tomato Sauce, Wholegrain Pasta and Sweetcorn	
Fruit Salad and Squirty Cream	
Fresh Fruit	
Fruit Yogurt	

Week 4 Thursday	
Wholegrain Pasta Bolognese and Broccoli	
Jacket Potato and Beans with Cucumber Sticks	
Cheese and Crackers	
Fresh Fruit	
Fruit Yogurt	

Week 3 Friday	
Fishcake, Hashbrown and Baked Beans	
Cheese and Onion Pasty, Hashbrown and Baked Beans	
Flapjack	
Fresh Fruit	
Fruit Yogurt	

Week 4 Friday	
Jumbo Fish Finger, Potato Wedges and Peas	
Pesto and Tomato Pasta	
Shortbread	
Fresh Fruit	
Fruit Yogurt	

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Week 5 Monday	
Meatballs in Tomato Sauce, Wholegrain Pasta and Sweetcorn	
Vegetarian Meatballs in Tomato Sauce, Wholegrain Pasta and Sweetcorn	
Strawberry Iced Smoothie	
Fresh Fruit	
Fruit Yogurt	

Week 6 Monday	
Jacket Potato with Chicken and Bacon Mayo and Carrot Sticks	
Jacket Potato, Cheese/Beans and Carrot Sticks	
Vanilla Ice Cream & Mango Coulis	
Fresh Fruit	
Fruit Yogurt	

Week 5 Tuesday	
Roast Sausage, Roast Potatoes, Seasonal Vegetables and Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables & Gravy	
Fruit Jelly and Ice Cream	
Fresh Fruit	
Fruit Yogurt	

Week 6 Tuesday	
Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables and Gravy	
Blueberry Muffin	
Fresh Fruit	
Fruit Yogurt	

Week 5 Wednesday	
Chicken Nuggets, Wedges and Peas	
Vegetable Burger, Wedges and Peas	
Melon Wedges	
Fruit Yogurt	

Week 6 Wednesday	
Cheese and Tomato Wholegrain Pizza and Vegetable Sticks	
Cheese and Tomato Wholegrain Pizza and Vegetable Sticks	
Melon Wedges	
Fruit Yogurt	

Week 5 Thursday	
Wholegrain Pasta with Tomato Pasta Sauce and Green Beans	
Wholegrain Pasta with Tomato Pasta Sauce and Green Beans	
Swiss Roll	
Fresh Fruit	
Fruit Yogurt	

Week 6 Thursday	
Sausage, Mashed Potato and Baked Beans	
Vegetarian Sausage, Mashed Potato and Baked Beans	
Cheese and Crackers	
Fresh Fruit	
Fruit Yogurt	

Week 5 Friday	
Fishcake, Hashbrown and Baked Beans	
Quorn Nuggets, Hashbrown and Baked Beans	
Jam Doughnut	
Fresh Fruit	
Fruit Yogurt	

Week 6 Friday	
Battered Fish, Potato Wedges and Peas	
Mediterranean Vegetable Gnocchi Bake	
Strawberry Iced Smoothie	
Fresh Fruit	
Fruit Yogurt	

Fishcakes contain Salmon. 50/50 Bread Offered. Vegetarian Roast, Sausage and Meatballs Don't contain Milk

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Week 7 Monday	
Butchers Beef Burger in a Bun and Carrot Sticks	
Vegetable Burger in a Bun with Carrot Sticks	
Melon Wedges	
Fruit Yogurt	

DELI MONDAY	
Sausage Roll, Yogurt, Fruit and Shortbread	
Jacket Potato, Cheese and Coleslaw	

Week 7 Tuesday	
Roast Chicken, Roast Potatoes, Seasonal Vegetables and Gravy	
Vegetarian Roast, Roast Potatoes, Seasonal Vegetables and Gravy	
Fruit Jelly & Ice Cream	
Fresh Fruit	
Fruit Yogurt	

DELI TUESDAY	
Cheese Roll, Yogurt, Fruit and Crisps	
Jacket Potato with Tuna & Mackerel Mayo and Cucumber Salad	

Week 7 Wednesday	
Chicken Goujons, Hashbrown and Baked Beans	
Quorn Nuggets, Hashbrown and Baked Beans	
Mango and Orange Iced Smoothie	
Fresh Fruit	
Fruit Yogurt	

DELI WEDNESDAY	
Ham Wrap, Yogurt, Fruit and Cheese and Crackers	
Chicken, Bacon and Sweetcorn Pasta Salad and Vegetable Sticks	

Week 7 Thursday	
Sweet and Sour Chicken, Wholegrain Rice and Green Beans	
Jacket Potato with Baked Beans and Cucumber	
Chocolate Muffin	
Fresh Fruit	
Fruit Yogurt	

DELI THURSDAY	
Cheese Roll, Yogurt, Fruit and Crisps	
Jacket Potato with Tuna & Mackerel Mayo and Cucumber Salad	

Week 7 Friday	
Jumbo Fish Finger, Wedges & Peas	
Pesto and Tomato Pasta	
Mint Chocolate Chip Icecream	
Fresh Fruit	
Fruit Yogurt	

DELI FRIDAY	
Ham Roll, Yogurt, Fruit and Cookie	
Jacket Potato Cheese and/or Baked Beans and Salad	